

**PARENTS of Peewee, Bantam, Midget and Female hockey players:** Please go through your players' hockey bag and look for one of the new numbered green, maroon, yellow, red or blue jerseys. Please tell your player to return it to the coach! The jerseys are meant for special events and are not meant to be kept for the season.

**THANKS** to all the concession workers, donators of food & timekeepers for helping out with the Oldtimers Tourney! There were many compliments on the food.

And **THANKS** to the **OLDTIMERS** for their generous support of Minor Hockey in Haines Junction!

**FOUND** Athletic Works boys 6X red vest and one pair of Wind River brown ski gloves at the Oldtimers Concession. If they are yours, contact Mark.

**COACH & GRANDPARENT OF THE YEAR!**  
It's time to start thinking of which coach or grandparent deserves one of these prestigious awards. If you would like to nominate someone as Coach of the Year or Grandparent of the Year, please email Mark.

**THANKS**

to Val Drummond and her squad of volunteers for organizing the Female Jamboree!

**THANK YOU**

to Barb & James Allen, Graham Boyd, Gerry & Sue Desjardins and Mike Evans for driving, chaperoning and coaching our players at the Yukon Peewee Championships in Teslin! And **THANK YOU** to Champagne & Aishihik First Nation for lending Minor Hockey the van!



**YUKON ATOM CHAMPIONSHIPS IN WATSON LAKE**  
Friday-Sunday, February 22-24  
Depart 9 am from school parking lot. You must tell Rob or Mark by 7:30 PM WEDNESDAY if you plan to go.

**YUKON NOVICE SPIRIT OF 2010 HOCKEY TOURNAMENT**  
Friday-Sunday, February 29-March 2  
Minor Hockey will have a concession at the tourney, so when you are asked to work a shift or prepare some food for it, please say YES!

**THANK YOU** to the Fulda Challenge for choosing Haines Junction Minor Hockey as your bar servers at your recent event here. And **THANK YOU** to the volunteers that helped out!

**PARENTS VS NOVICES/ATOMS**  
6 pm Wednesday, March 5

This will be the last practice of the year for Novices and Atoms! Get your parents to bring their gear!

**TOK BANTAM TOURNEY**  
Friday-Sunday, March 7-9

Please tell Geoff if you want to go.

**TOK VISIT**  
Friday-Sunday, March 14-16

Bill Brewster Arena Games for Novice, Atom, Peewee, Bantam, Midget & Adult players. If you want to play that weekend, please tell your coach.

**YUKON NATIVE YOUTH TOURNEY**  
Friday-Sunday, March 28-30  
Whitehorse

Info: Rose 634-2088

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**PLAY FAIR &  
PLAY CLEAN  
online contest**

Submit an essay of 250 - 500 words outlining what playing clean and fair hockey means to you and win a chance to go a World Championship Hockey Game in Quebec City or a Henkel MP3 player! Deadline to enter is March 31, 2008. For details, go to:

[www.henkelpowerplayers.ca](http://www.henkelpowerplayers.ca)

**BC HOCKEY  
SCHOLARSHIPS**

Open to players, officials, coaches and volunteers in Grade 12

Application Deadline:  
April 30, 2008

Info: [www.bchockey.net](http://www.bchockey.net)



ROCKY MOUNTAIN HOCKEY SCHOOL in Juneau has scheduled camps at the Treadwell Arena on August 12-16, 2008:

- YOUTH MITE CAMP  
Day Camper Price \$200
- YOUTH POWER-SKATING & STICK-HANDLING CAMP  
Day Camper Price \$395
- ADULT CAMP Day  
Camper Price \$395

For more info please visit Rocky Mountain Hockey School's website:

<http://www.camperreg.com/RMHSockey/reginfo.htm>

**IS YOUR KIDS' OR GRAND-KIDS' HOCKEY TAKING OVER YOUR LIFE? IT IS WHEN . . .**

You base the next purchase of your new vehicle on whether it will hold six kids, six sticks, and six hockey bags.

You know the location of every Tim Horton's within a 400 mile radius.

You relate directions to places by the nearest arena.

You know every single kid on every single team your child has ever played on . . . but you don't have a clue who their school mates are.

You feel lost when you have a free weekend.

Your spouse waits until you decide where to sit and then chooses a spot on the opposite side of arena.

You can justify complaining about someone who gives hundreds of hours of volunteer time to your son or daughter.

When your kid misbehaves, you ground them for a week . . . except for hockey practices.

You can rationalize spending \$159 on a Synergy stick for a 9 year old but you won't spend \$5 on a birthday card for your wife.

When someone asks how old your children are, you respond, "I have a '94 and a '97."

You have had to use a grandparent to take kid #1 to a tournament because Dad was in a different province with kid #2 at a tournament and Mom had kid #3 two provinces away in a third tournament, all in one weekend.

You have more miles on '05 mini-van than a '66 Chevy.

Practices make up a very large part of your social life.

You buy gloves according to how loud you can clap in them.

You find yourself missing the parents of your child's teammates during the off-season.

You refuse to make any plans with your friends until you check your kids' hockey schedule.

You take out a home loan to pay for all the equipment and expenses.

All computer passwords begin with "hockey" or contain your child's jersey number.

You have been barred from more than one rink on more than one occasion.

You purchase a new \$135.00 stick because the old one "didn't have any goals left in it."

You know a few 5 year olds that are good players, but "lack focus".

Your kids ask if Christmas will be "home or away" this year.

You receive a letter from the AAA Automobile Club and you call for more info about tryouts.

# SPIRIT *of* 2010

## HOCKEY TOURNAMENT 2008



ActNowBC



### Hockey Equipment Tip #7

#### GLOVES

Ideal gloves are lightweight, flexible and offer maximum movement. Gloves are made from a variety of materials including leather and Kevlar. While leather gloves are more durable, they take longer to dry and are heavier to wear. Gloves should fit like loose winter gloves over the fingers. The top of the glove should extend up the forearm to the bottom of the elbow pad to ensure full protection of the forearm area.

#### Protective Quality

Ensure that the padding on the back of the glove and the hard shell components are of sufficient quality to protect your hand and wrist area, which can be tested by pressing the back of the glove with the fingers. The compression should not be felt inside the glove. If the glove has laces in the cuffs, leave them in and do them up. Never remove laces. Laces prevent tearing of the side gussets of the glove.

#### Maintenance

Ensure proper air drying after ice sessions. Remember, never dry gloves over an open heat source. Gloves which have lost finger pads or roll pads should be repaired or discarded. Ensure the palms of the gloves are soft and in good shape through proper drying. Replace worn out palms at a leather or shoe repair shop immediately to avoid injury. Watering palms can cause them to become brittle and break down.

#### Helpful Hints

Whenever testing a pair of gloves, use a hockey stick to stick handle on the spot for a few minutes. The gloves should offer freedom of movement in a variety of positions without chafing or restricting movement.

