

BC/Yukon Midget Hockey Championships
March 14th – 18th, 2006
Emergency Action Plan – Takhini Arena

1. Emergency Personnel:

Shelley Gellatly, Certified Athletic Therapist Canada, EMR
Contact: 333-6027 (cell), 393-3614 (hm)

Pete Snell, Registered Nurse, Advanced Cardiac Life Support
Contact: 393-3948 (hm)

JoAnne Green – St. John's Ambulance BAP Level 2
Contact: 633-5104 (hm); 668-4877 (wk); 333-5485 (cell)

Cindy Underhill – Life Saving Society 1st Aid Instructor
Contact: 393-4671 (wk) 667-4671 (hm)

2. Emergency Communication

Shelley Gellatly cell phone: 867-333-6027;
JoAnne Green cell phone: 867-333-5485;
Sandy Johnston (1st Aid coordinator) phone: 334-4226 cell; 393-6729 (w); 633-2281 (h)
Fixed line in the rink: 668-8380. There is also a pay phone just inside the front entrance doors.
Emergency Services Ambulance: phone 911

3. Emergency Equipment

Shelley's med kit and fanny pack will be available to all chief medics. It includes tape, heel and lace pads, splints, oro-pharangeal airways, various bandages, blister dressings, space blankets, creams/gels, antiseptics, tuff-skin, lube, BP cuff, stethoscope, shears, various scissors, wraps, foam pads, etc.

There will be a full list of what is in the kit for the tournament. Please record what is used on the sheet provided.

The first aid room is equipped with spine board, splints, various bandages, scissors, tensor wraps, ice packs (they are in small freezer compartment), first aid kits, blankets, neck collars, ensolite foam pad, a bed, etc. Cindy has arranged to have the new Canada Winter Games Center defibrillator stationed at the rink for the week – an initial condition is that this is to be used only by Arena staff. We intend to have oxygen available as well as a wheel chair.

The rink attendants have current first aid certification and can help you if required.

4. Location of Medic Support

General procedure will be the Chief Medic will be stationed in the bleachers (opposite the players' benches) adjacent to the first aid room, which is in the south corner of the rink close to the front doors. There will be obvious First Aid signage in close proximity to where the Chief Medic can be found. Chief Medics will be wearing some type of identifying apparel such as a vest. Access to the ice surface is through the end corner doors (for stretcher) or there is a smaller door right next to the timing/penalty/announcer box (opposite the player benches).

5. Procedures and Policies for removal of gear if ambulance is called

In the event of a spinal injury, cardiac arrest, concussion or other serious injury which may require CPR or AED use, the Chief Medic will decide whether to remove helmets and pads prior to the ambulance arriving. This should be based on seriousness of the injury, expediency in evacuating the casualty and the first aider's experience and training.

6. Procedures if there is an incident:

- a) referee calls coach/trainer to ice;
- b) coach/trainer beckons/calls Chief Medic if required, or medic can go on to ice to offer assistance if it appears that there is an obvious emergency or if the assessment is taking a long time;
- c) Chief Medic assesses incident and makes call for assistance on ice (kit, spine board, O2) – assistants to be identified along with call signal prior to every game;
- d) Chief Medic or assistant calls for EMS back-up if required. Response time for EMS is estimated to be 10 minutes. Remember also there is a fire hall right across the street from the arena;
- e) Person making emergency phone call must provide:
 - a. Type of emergency situation;
 - b. Type of suspected injury;
 - c. Condition of athlete;
 - d. Assistance being provided;
 - e. Location of phone being used;
 - f. Give phone number for EMS to call back;
 - g. Exact location of emergency.
- f) EMS to enter Takhini Arena through front doors. There is an emergency vehicle no parking zone adjacent to the front doors. Guerny can be wheeled in through doors at south corner of arena immediately in front of doors from concession area, or it can be wheeled along the left side of rink and access to the ice gained through a door located just before the penalty/time keeper's box.
- g) Key to first aid room will remain with Chief Medic during games. Rink attendant will also have one. Remember to pass key on to the next medic after your shift.
- h) City incident reports, located in First Aid room, are to be filled out as per protocols.
- i) Chief Medic to follow-up with ER/EMS after each incident and report back to coach.

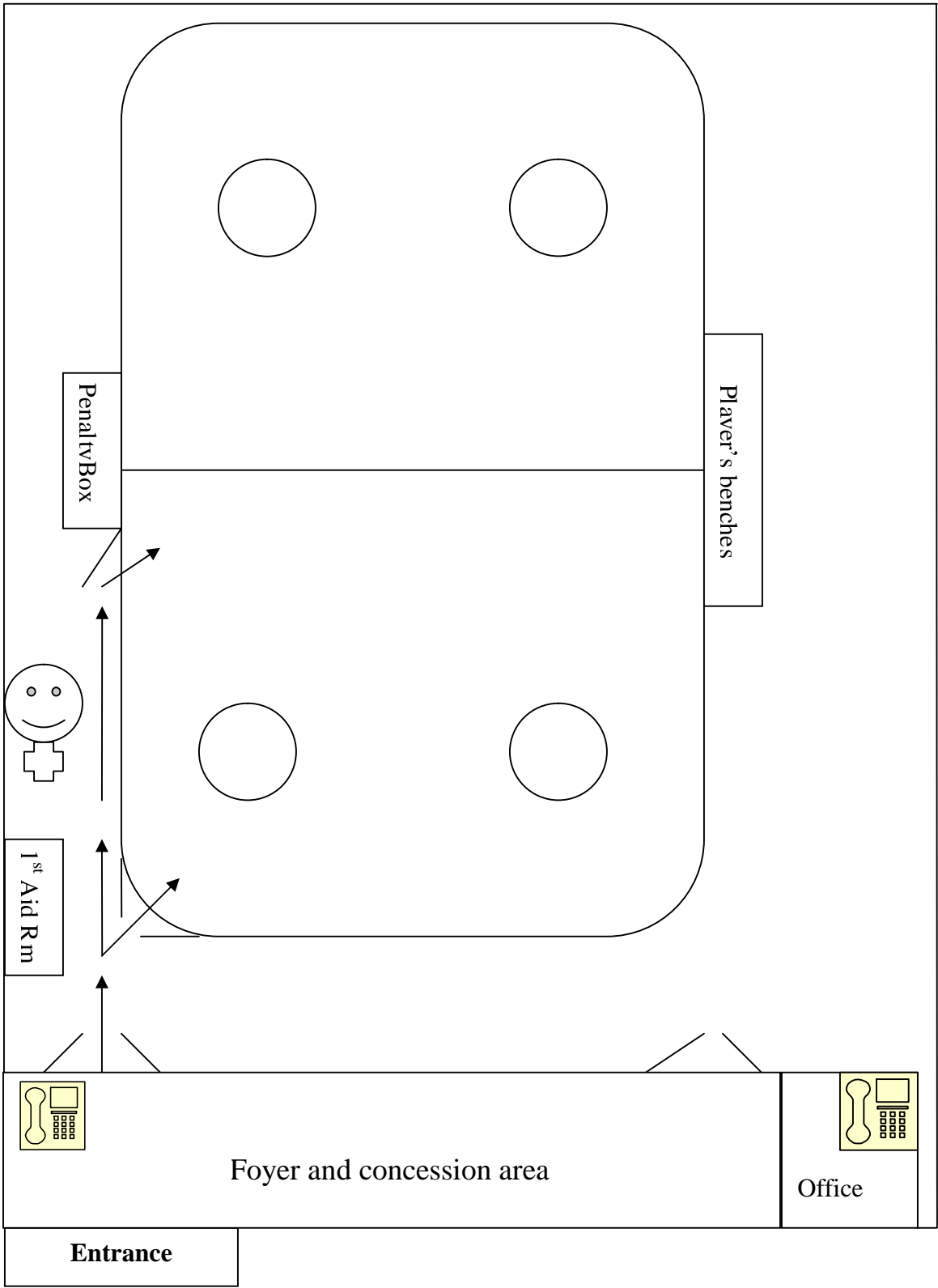
7. Other Information

- Coaches, team manager's, referees and rink attendants are to read the EAP;
- Teams may be called on to provide player(s) to escort First Aid and/or other attendants (anyone not wearing skates) while on the ice surface to prevent them from slipping/falling;
- Teams will be responsible for identifying an individual (e.g. a parent) to accompany injured players to the hospital if no ambulance is required;
- Teams from outside of the Yukon should carry extra travel insurance to cover ambulance/medical charges;
- The Sport Concussion Assessment Tool (attached) will be used by medics attending the games.

8. Roles for Chief Medics and first aiders (as above)

- immediate care of injured/ill athletes, coaches, spectators;
- activation of EMS if required;
- direction of EMS to scene;
- boarding of athlete and helmet/pad/skate removal as required;
- scene control;
- providing advice to coaches/team managers on severity of injury and need for medical attention;
- complete incident forms required by the City of Whitehorse;
- liaise with EMS and first aid assistants;
- establish call people and assistants prior to each game;
- follow up with EMS, WGH – ER, coaches, players as required.

9. Schematic layout of Emergency Access Points, First Aid Room, General Location of First Aid attendant, Phones, Arena Office



Penalty Box

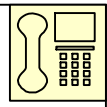
Player's benches



1st Aid Rm



Foyer and concession area



Office

Entrance

Revised March 02, 2006: 22:30 – unofficial game schedule therefore subject to change

**Chief Medic/ First Aid Schedule,
BCAHA Midget AA Championships,
Whitehorse, Yukon: March 14-18, 2006.
Takhini Arena**

Tuesday, March 14, 2006					
Time Slot	8:00 – 11:00	11:00 – 14:00	14:00 – 17:00	17:00 – 20:00	20:00-22:30
Chief medic	Shelley Gellatly	Shelley Gellatly	Pete Snell	Shelley Gellatly	Shelley Gellatly

Wednesday, March 15, 2006					
Time Slot	8:00 – 11:00	11:00 – 14:00	14:00 – 17:00	17:00 – 20:00	20:00-22:30
Chief medic	Cindy Underhill	Cindy Underhill	Shelley Gellatly	St. John's Ambulance Joanne Green	Shelley Gellatly

Thursday, March 16, 2006						
Time Slot	7:00-09:30	09:30 -12:00	12:00-14:30	14:30-17:00	17:00-19:30	19:30-22:00
Chief medic	Shelley Gellatly	Shelley Gellatly	Shelley Gellatly	Shelley Gellatly	Shelley Gellatly	Shelley Gellatly

Friday, March 17, 2006 (semi finals)				
Time Slot	9:30-12:30	12:30 -15:30	16:00-19:00	19:00-22:00
Chief medic	Pete Snell	Cindy Underhill	Shelley Gellatly	Shelley Gellatly

Saturday, March 18, 2006 (medal rounds)		
Time Slot	14:00-17:00 (Bronze)	19:00-22:00 (Gold)
Chief medic	Shelley Gellatly	Shelley Gellatly

Sandy Johnston – Coordinator: frequent presence throughout week: contact 334-4226 (cell); 393-6729 (w); 633-2281 (h)